

KATIE ERICKSON HALE, Ph.D.

Licensed Psychologist

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EDUCATION AND TRAINING

Postdoctoral Residency	Clinical Psychology	Emory University School of Medicine	2021
Ph.D.	Clinical and Community Psychology	Georgia State University	2020
Clinical Internship	Clinical Psychology	Atlanta VA Medical Center	2020
M.A.	Clinical and Community Psychology	Georgia State University	2017
Teaching Certificate	English as a Second Language	Bridge-Linguatec	2007
B.S.	Psychology (Spanish minor)	University of Georgia Honors Program	2007

CURRENT POSITIONS & APPOINTMENTS

Owner, Partner 2022 – Present
Lumen Guidance & Consultation, LLC Atlanta, GA

Clinical psychology services

- Provide individual, couple, family, and group psychotherapy to adolescents and adults in the Georgia via telehealth
- Practice integrative theoretical orientation including ACT, CBT, IPT, family systems, and multicultural systems theories
- Specialize in diagnosis and treatment of anxiety, obsessive-compulsive, chronic pain, and trauma-related disorders as well as fertility and pre/postpartum mental health related issues

Program evaluation and consultation services

- Provide comprehensive program evaluations including needs assessment, logic models, multi-method data collection and analysis, data visualization, and reporting (technical reports, executive summaries, infographics, etc.)
- Use collaborative, culturally informed, and context specific methodologies to meet needs of organizations and the communities with whom they work
- Deliver additional services including capacity building, fidelity assessments, literature reviews, implementation training, diversity dialogue facilitation, and DEI (diversity, equity, inclusion) consultation

Adjunct Assistant Professor

Emory University School of Medicine

Department of Psychiatry and Behavioral Sciences

2022 – Present
Atlanta, GA

- Serve on the executive committee and legislative subcommittee of the Atlanta Behavioral Health Advocates advocacy group
- Serve on the Diversity Advisory Council for Emory Clinic's OCD & Anxiety Disorders Intensive Outpatient Program
- Participate in scholarship, training, and clinical supervision within the department

SUPERVISED CLINICAL TRAINING

Postdoctoral Resident in Health Service Psychology

Emory University School of Medicine, Department of Psychiatry and Behavioral Sciences

OCD & Anxiety Disorders Intensive Outpatient Program

Supervisor & Clinic Director: Jordan Cattie, PhD

2020 – 2021
Atlanta, GA

- Provided direct clinical services via telehealth including individual, family, and group psychotherapy, assessments, intakes, diagnostic consultations, and crisis intervention for adolescents and adults from around the country who were navigating OCD and related anxiety disorders
- Participated in development of "Culturally Responsive OCD Treatment" training for national dissemination

- Developed and implemented an 8-week postpartum anxiety psychotherapy group with curriculum that targeted psychoeducation, values-based action, and mutual support
- Supervised clinical psychology and social work practicum students via individual and team supervision and co-therapy.
- Managed daily aspects of program administration including scheduling, outreach, patient interaction and data management
- Engaged in program development including systems streamlining, operationalization, dissemination, training resources, operations manual, patient feedback, and research
- Co-facilitated support group for medical residents specializing in family medicine

Doctoral Intern

Atlanta VA Health Care System

2019 – 2020
Atlanta, GA

Training co-directors: Evelyn Lemoine, PhD and Andrea Burns, PhD

- General Mental Health, Therapy and Assessment
Supervisors: Kitty Deering, PhD, Jennifer Smith, PhD, Hannah Martyn, PhD
 - Provided long-term individual psychotherapy to veterans, and conducted neuropsychological, psychoeducational, and personality assessments including clinical interviews, testing, and integrated reports
- Major Rotations: Primary Care Mental Health Integration (PCMHI), Residential Substance Use Program (RRTP)

Supervisors: Debbie Geisel, PsyD, Verneé Anthony, PsyD

- PCMHI: Conducted initial screenings, clinical interviews, warm handoffs, intraorganizational referrals, crisis intervention, and short-term psychotherapy for women seeking health services at the Women's Health clinic. Treated mood, substance use, infertility, motivation, and trauma related issues.
- RRTP: Provided individual and group psychotherapy to residents navigating substance use disorders, homelessness, and comorbid mental illness including serious mental illness. Collaborated with interdisciplinary team (psychiatry, social work, peer specialists, vocational rehab, nursing) and chaired committee update policies and procedures related to behavioral issues. Responsible for designing objectives, facilitating meetings, developing and implementing new policies and procedures, and liaising with leadership. Provided weekly supervision to advanced-level practicum students for individual therapy cases.
- Minor Rotations: Health Psychology, Trauma Recovery Program (TRP)

Supervisors: Carissa Balderas, PhD, Kristen Lamp, PhD

- Health Psych: Conducted CBT-based psychotherapy with veterans navigating behavioral and mental health issues related to chronic pain and sleep. Advocated for veterans' health needs within larger medical center system.
- TRP: Provided evidence-based psychotherapy (Prolonged Exposure) to veterans navigating post-traumatic stress disorder and comorbid diagnoses. Conducted individual and group-based psychoeducation using *PTSD 101* curriculum.

Graduate Student Clinician

Emory Brain Health Center

2018 – 2019
Atlanta, GA

Supervisor: Jordan Cattie, PhD

- Provided ACT-, DBT-, and exposure-based therapy on interdisciplinary team for adults, adolescents, and families navigating OCD and anxiety related disorders
- Assisted with development of new intensive outpatient program for OCD and anxiety disorders including assistance with website, assessment battery, patient scheduling, staffing needs, and training curriculum
- Developed and evaluated a brief intervention and toolkit for families with youth experiencing OCD and related behavioral problems
- Co-facilitated parent skills groups and family members' support group

Graduate Supervisor, Assessment and Psychotherapy

The Psychology Clinic, Georgia State University

2018
Atlanta, GA

Supervisors: Assessment- Susan Furman, PhD; Psychotherapy- Suzann Lawry, PhD

- Assessment: provided didactic training, in-vivo practice, and evaluation for first- and second-year graduate students preparing for neuropsychological evaluation
- Psychotherapy: conducted weekly supervision with second- and third-year graduate students, which included didactics on theory and interventions, reviewing videotapes of therapy sessions and treatment plans, and providing formative and summative feedback

Graduate Student Clinician

Georgia Tech Counseling Center, Georgia Tech University

Supervisor: Irene Dalton, PhD

- Conducted clinical intakes for students seeking counseling services
- Provided weekly individual psychotherapy to graduate and undergraduate students
- Co-facilitated weekly support group for graduate student women
- Provided community outreach through wellness and stress management presentations to student groups
- Participated in weekly didactic trainings and individual and group supervision under multiple theoretical orientations as part of an interdisciplinary team of psychiatrists, psychologists, and case managers

2017 – 2018
Atlanta, GA

Graduate Student Clinician, Therapy and Assessment

The Psychology Clinic, GA State University

Supervisors: Erin Tone, PhD, Susan Furman, PhD, Suzann Lawry, PhD, Hal Rogers, PhD, Vonetta Dotson, PhD

- Conducted clinical intake interviews, psychotherapy, and crisis intervention for children, adolescents, and adults in a community mental health clinic
- Developed case conceptualizations and treatment plans drawn from several theoretical models including interpersonal, family systems, CBT, DBT, and ACT.
- Conducted comprehensive integrative assessments including intellectual, cognitive, neuropsychological, achievement, personality, and behavioral measures for children, adolescents, and adults with a variety of learning and psychological disorders
- Presented case conceptualizations and participated in weekly individual and vertical group supervision
- Supported beginning graduate students with test administration and clinical interviewing, reviewed test administration and scoring, and provided feedback throughout the assessment process

2015 – 2018
Atlanta, GA

Graduate Student Clinician and Family Liaison

Caminar Latino: Healing Families, Ending Violence, Atlanta, GA

Supervisor: Julia Perilla, PhD

- Developed and facilitated group-based interventions adolescents and families in a community-based non-profit program for Latinx families who have experienced domestic violence
- Provided individual and family psychotherapy and crisis intervention
- Liaised with school and community officials as needed on behalf of youth and families

2016 – 2017
Atlanta, GA

Clinic Assistant

The Psychology Clinic, Georgia State University, Atlanta, GA

Supervisor: Hal Rogers, PhD

- Conducted diagnostic screening interviews of potential clients from diverse backgrounds and ages
- Conducted risk assessments and crisis interventions, and provided community referrals as necessary
- Developed case conceptualizations and assisted student clinicians with new therapy clients
- Performed administrative tasks for clinic including technology troubleshooting, accounting assistance, record review, and facilities management
- Managed semi-annual internal audit of all paper and electronic client files

2016 – 2018
Atlanta, GA

PROGRAM DEVELOPMENT, EVALUATION, & CONSULTATION EXPERIENCE

Graduate Research Assistant*GA State University, Youth Development & Program Evaluation Lab**Advisor: Gabriel Kuperminc, PhD*

2014 – 2020

Atlanta, GA

- Developed expertise in the study of positive youth development and resilience through a rigorous program of research examining youth outcomes related to resilience assets, program engagement, academic orientation, self-determination, healthy behaviors, well-being, group processes, and various aspects of mentor relationships
- Coordinated a longitudinal study of the San Francisco Unified School District's group mentoring program, Project Arrive, funded by Office of Juvenile Justice and Delinquency Prevention, and analyzed data from 250 mentors and mentees
- Provided real-time data driven feedback to program directors and collaboratively developed programming to improve outcomes for students and mentors
- Developed and administered Project Arrive website, which acts as a dynamic operations manual bridging the gap between research and practice (<http://sites.gsu.edu/project-arrive/>)
- Managed quantitative and qualitative data collection, transcription, and statistical analysis
- Collected and analyzed pre/post-test survey data for fidelity and efficacy evaluation of Teen Health Project, an educational program, which seeks to prevent sexual risk behaviors in adolescents, through the Center for Black Women's Wellness.
- Prepared technical reports, manuscripts, grant applications, and data visualization presentations for school and district administration
- Disseminated research findings through symposium presentations at national and international conferences
- Mentored undergraduate students working on independent research projects
- Prepared IRB protocols and documentation to ensure safe, ethical research practices

Developer and Facilitator**OCD Family Workshop Series: Developing Skills and Strengthening Support***Emory Brain Health Center*

2018 – 2019

Atlanta, GA

- Designed and implemented needs assessment for families of teens struggling with OCD
- Developed integrated monthly workshop series for teens and parents focusing on OCD psychoeducation, skill building, strengthening support systems, and advocacy resources
- Developed pre- and post-workshop measures and evaluated program effectiveness
- Created parent toolkit from program materials for broad dissemination

Research Consultant*Asian Americans Advancing Justice*

2016

Norcross, GA

- Designed process evaluation and logic model based on needs assessment, interviews, and naturalistic observation
- Developed primary stakeholder surveys for Nail Salon Health Risks project
- Collaborated with organization staff to ensure culturally-relevant and -sensitive data collection processes

SONA Database Administrator*GA State University**Supervisor: Chris Henrich, PhD*

2014 – 2016

Atlanta, GA

- Managed SONA database of 100+ departmental studies and 1,000+ student participants
- Provided technical and regulatory assistance to principal investigators, research assistants, and study participants
- Performed system maintenance operations and quarterly reviews of the database
- Developed training manual for future SONA administrators

Researcher*Universidad Interamericana**Supervisor: Jay Terwilliger, MA Foreign Language Education and Administration*

2007 – 2008

Heredia, Costa Rica

- Designed and executed cross-sectional study on gender discrepancies in the ESL classroom
- Led a team of three researchers through design, proposal, and data collection

Research Consultant

Atlanta Homeless Initiative, Gateway Center

2007
Atlanta, GA

- Performed comprehensive program evaluation for Gateway Center's three main programs – drug rehabilitation, employment training, and women & children's services
- Created technical report detailing success rates, areas of strengths, and suggestions for improvement
- Developed new client discharge procedures based on findings to streamline future evaluation projects

Research Assistant

University of GA, Culture, Diversity, and Intergroup Relations Lab

2007
Athens, GA

Advisor: Victoria Plaut, PhD

- Assisted graduate students with development of study measures used to examine associations between cultural perspectives and discriminatory biases
- Conducted experimental trials with study participants
- Performed data entry and database management

Director of Educational Programming

Boys and Girls Club of American, Garnett Ridge

2005 - 2007
Athens, GA

- Managed, implemented, and developed educational programming including tutoring, ESL, test prep, health and safety, gang prevention, drug prevention, etc. for 50-60 Latinx children and adolescents
- Developed "Around the World" summer camp curriculum, which focused on cultural understanding for summer camp participants
- Liaised with school system and families to increase community support for programming
- Created volunteer tutoring program with UGA students

TEACHING EXPERIENCE

Guest Lecturer

Emory University, Department of Psychology

2020
Atlanta, GA

PSYC 541, Personality and Psychopathology

- Presented lecture on OCD and common comorbidities with Dr. Jordan Cattie
- Co-led experiential activity depicting negative reinforcement cycles of anxiety

Instructor of Record

GA State University, Department of Psychology

2018 – 2019
Atlanta, GA

PSYC 3110, Psychology of Interpersonal Behavior

- Taught theory, research, and applied principles of interpersonal psychology to a diverse group of undergraduates
- Used a culturally informed and inclusive approach to development of lecture and examination materials
- See <http://sites.gsu.edu/khale8/> for additional information on teaching philosophy and sample teaching materials

Graduate Teaching Assistant

GA State University, Department of Psychology

2014
Atlanta, GA

- Assisted with instruction of online *Introduction to Psychology* course for 200+ undergraduate students

Instructor

Universidad Interamericana

2007 – 2008
Heredia, Costa Rica

Supervisor: Jay Terwilliger, MA Foreign Language Education and Administration

- Taught advanced English to university students and professionals using the Communicative Teaching theoretical model

OTHER PROFESSIONAL EXPERIENCE

Paralegal

2009 – 2014

Fragomen, Del Rey, Bernsen, & Loewy, LLC

Atlanta, GA

Kuck Immigration Partners, LLC

- Supported immigration processes for multiple companies, families, and non-profit organizations
- Coordinated and provided supervision of paralegal assistants
- Co-chaired Community Involvement and Green Committees

Interim Project Manager

2009

The Sir Oswald Stoll Foundation

London, England

- Managed a team of ten employees including three trainees at the Pryor's Bank Cafe Initiative, which provided food service industry training to veterans who were experiencing homelessness and addiction
- Was accountable for all aspects of daily management with an emphasis on promoting local community and corporate support

SKILLS

- Collaborative multimethod program consultation, development, and evaluation, including developing logic models and writing technical reports for multi-disciplinary stakeholders
- Diagnosis and treatment of mental/behavioral health disorders using cutting edge evidence-based assessment and treatment methods
- Clinical supervision using multicultural systems and ACT-based theoretical orientations
- Statistical analysis and qualitative research skills
- Technical expertise with Microsoft Office Suite, Wordpress, SPSS, Mplus, SONA, NVivo, and MaxQDA
- Conversational Spanish

TRAININGS & WORKSHOPS

Diversity Dialogue Facilitator Training

2021

Emory University School of Medicine

Atlanta, GA

- Didactic and experiential training in facilitation of constructive dialogue among members of a constituency group on matters pertaining to diversity, equity, and inclusion. Focused on action-based advancement of change at the individual, organization, community, and societal levels

Workshop: Prolonged Exposure Therapy for trauma-related disorders

2019

Atlanta VA Medical Center

Atlanta, GA

- 40-hour training focusing on treatment of combat-related and sexual trauma

Workshop: Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children (6-12) and Adolescents

2018

GA State Psychology Clinic

Atlanta, GA

- Two-part training led by the author of the Unified Protocol for children and adolescents (UP-C; UP-A), Jill Ehrenreich-May, PhD

Workshop: Emotion-Focused Couples Therapy

2017

Georgia Tech University Counseling Center

Atlanta, GA

- Training workshop series to develop couples therapy skills using Emotion-focused therapy

Integrated Behavioral Health Training with Rural and Underserved Communities

2017

Ola Lahui, University of Hawaii, Honolulu, HI

Honolulu, Hilo, and Waimanalo, Hawaii

- Intensive training for integrated behavioral healthcare in a primary care setting. Focused on serving indigenous and underserved populations and included experiential training on indigenous farmland and didactics on Hawaiian history, culture, and resilience.

SafeZone Training
Georgia State University, Atlanta, GA

2016
Atlanta, GA

- Training series to promote a safe environment for individuals identifying as LGBT+ by increasing clinician awareness, knowledge, and skills

PUBLICATIONS

Hale, K. E. & Kuperminc, G. P. (2020). *The associations between multiple dimensions of acculturation and adjustment among Latinx youth from immigrant families*. Youth and Society.

Kuperminc, G. P., Chan, W. Y., & **Hale, K. E.** (2018). *Group mentoring for resilience: Increasing positive development and reducing involvement in the juvenile justice system* (Technical Report). The U.S. Department of Justice, Office of Juvenile Justice and Delinquency Prevention.

Kuperminc, G. P., Chan, W. Y., **Hale, K. E.**, Joseph, H., & Delbasso, C. (2019). *The role of school-based group mentoring in promoting resilience among vulnerable high school students*. American Journal of Community Psychology. <http://dx.doi.org/10.1002/ajcp.12347>

PRESENTATIONS

K. E. Hale (2019, June) Evaluating best practices in group mentoring: A mixed methods study. In G. K. Kuperminc, *Theory informed practice or practice informed theory? Examining and integrating research, theory, and practice to improve a group mentoring program*. Symposium presented at the 17th Biennial Meeting of the Society for Community Research and Action, Chicago, IL.

K. E. Hale, W. Y. Chan, J. Miller, Z. Murtaza, & M. A. Arce (2017, June). The associations between multiple dimensions of acculturation and adjustment among Latino youth from immigrant families. In W. Y. Chan, *New Immigrants in the New South*. Symposium presented at the 16th Biennial Meeting of the Society for Community Research and Action, Ottawa, ON, Canada.

K. E. Hale, G. P. Kuperminc, W. Y. Chan, C. Wilson, & L. Faust. (2016, April). There's no "I" in TEAM: Adapting an evidence-based mentoring framework for the group mentoring context. In G. Kuperminc, *What Happens in Youth Mentoring Relationships and Why it Matters: Exploring Interactive Processes in Youth Development*. Symposium presented at the Society for Research on Adolescence Biennial Conference, Baltimore, MD.

K. E. Hale. (2015, October). Data visualization: Best practices. Continuing education presentation at Georgia State University Department of Psychology Community program meeting in Atlanta, GA.

K. E. Hale. (2015, September). Practice implications. In G. Kuperminc, *Project Arrive: A School-Based Group Mentoring Program*. Symposium presented at the Society for Community Research and Action Regional Conference, Charlotte, NC.

K. E. Hale & G. P. Kuperminc (Chairs). (2015, June). Fostering research-practice partnerships throughout the program implementation life-cycle: A look at three unique partnerships. Symposium presented at the 15th Biennial Meeting of the Society for Community Research and Action, Lowell, MA.

MENTORED POSTERS AND PRESENTATIONS

Rivera Hernandez, V., **Hale, K.**, & Kuperminc, G. (April, 2019). The association between acculturative stress and teacher-report social competence among Latinx high school students.

Poster presented at the annual Georgia State University Psychology undergraduate Research Conference, Atlanta, GA.

Moore, R. **Hale, K.**, & Kuperminc, G. (2018, October). Ethnic Diversity and Gender Dynamics in Project Arrive. Poster presented at the annual Georgia State University Psychology Undergraduate Research Conference, Atlanta, GA. Winner of the Diversity Award.

Moore, R., **Hale, K.**, & Kuperminc, G. (2018, September). Group mentoring in Project Arrive: What characteristics contribute to positive group relationships and experiences in school-based group mentoring programs? Quick talk presented at Southeast ECO Conference, Raleigh, NC.

Joseph, H., Seitz, S., Wilson, C., **Hale, K.**, Chan, W. Y., & Kuperminc, G. (2017). Building resilience in the high school transition: Context matters in Project Arrive group mentoring. Poster presented at the Biennial Society for Community Research and Action Conference, Ottawa, Canada.

SERVICE

OCD Georgia Executive Board	2020 - Present
<ul style="list-style-type: none">Collaborate with other board members to plan, execute, and participate in advocacy for Georgia residents navigating obsessive-compulsive and related disordersChair the outreach committee, which focuses on engaging with stakeholders (individuals and organizations) around the state of Georgia	
Atlanta Behavioral Health Advocates <i>Emory/Grady Health System</i>	2019 - Present Atlanta, GA
<ul style="list-style-type: none">Engage in advocacy for better access, policy, and legislation related to mental health at the local, state, and regional levelsSit on Legislative Subcommittee, which targets legislation related to mental health and health disparity issues	
Clinic Diversity Committee <i>Georgia State University</i>	2014 – 2018 Atlanta, GA
<ul style="list-style-type: none">Participated in committee's efforts to improve clinical services to diverse populations (e.g., organize trainings for clinic staff, recruit guest speakers in topics of diversity, advocate for environmental accommodations for individuals with physical disabilities).	
Pro-bono Consultant <i>Georgia Latino Alliance for Human Rights</i>	2016 – 2019 Atlanta, GA
<ul style="list-style-type: none">Reviewed and edit grant proposals prepared by organization staffAssisted with legal research and report writing to contest socially unjust laws related to the rights of undocumented people living in GeorgiaPrepared briefs containing information about human rights for community members	
Executive Committee <i>Graduate Association of Student Psychologists (GASP), GA State University</i>	2015 – 2016 Atlanta, GA
<ul style="list-style-type: none">Served as the Executive Committee student representative for GASP, which is a student organization led by volunteer graduate students elected by peers, and dedicated to advocacy and support for current and incoming Psychology graduate studentsFunctioned as the liaison between graduate students and the psychology department's governing body	
Seminar Coordinator <i>Community Psychology Brown Bag, GA State University</i>	2015 – 2016 Atlanta, GA
<ul style="list-style-type: none">Coordinated and plan seminar topics, guest speakers, and other contributors for bi-monthly program meetingsFacilitated seminars and lead research and practice-oriented discussions	

AWARDS AND FELLOWSHIPS

John Warkentin Memorial Award for Outstanding Potential in Psychotherapy <i>Georgia State University</i>	2019
Health Resources and Service Administration (HRSA) Fellowship <i>Training Graduate Students to Work with Disadvantaged Populations</i> <i>Georgia State University</i>	2016 – 2018
Hope Scholarship <i>University of GA</i>	2003 – 2007
International Scholar Award <i>University of GA Honors Program</i>	2005

PROFESSIONAL AFFILIATIONS

American Psychological Association	2021 - Present
Georgia Psychological Association	2019 - Present
Society for Research on Adolescence (SRA)	2016 - Present
Society for Community Research and Action (SCRA)	2014 - Present
Association for Psychological Science (APS)	2016 – 2019